

## St Peters Primary school whole school P.E curriculum map.

Lancashire units of work to be taught.

### Curriculum Map Key Stage 1

EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	<p><b>Fundamental Skills 5 key skills</b></p> <p>Jumping, Hopping, Underarm throw, Rolling a ball &amp; catching.</p>	<p><b>Multi Skills</b></p> <p>Led by CSSP Developing fundamental skills.</p>	<p><b>Dance</b></p> <p>EYFS Lancs scheme of work linked to topic. Change of direction and speed.</p>	<p><b>Dance</b></p> <p>EYFS Lancs scheme of work linked to topic. Change of direction and speed.</p>	<p><b>Gymnastics</b></p> <p>Explore and develop the skills, actions and movements in the following areas: Travelling, Jumping, Balancing, Rocking and Rolling.</p>	<p><b>Athletics</b></p> <p>Activities linked to the development of running, jumping and throwing.</p>
Lesson 2	<p><b>Fundamental Skills 5 key skills</b></p> <p>Jumping, Hopping, Underarm throw, Rolling a ball &amp; catching.</p>	<p><b>Multi Skills</b></p> <p>Developing fundamental skills.</p>	<p><b>Multi Skills</b></p> <p>Developing fundamental skills</p>	<p><b>Balance Bikes</b></p> <p>Developing gross motor skills and balance.</p>	<p><b>Multi Skills</b></p> <p>Developing fundamental skills</p>	<p><b>Multi Skills</b></p> <p>Developing fundamental skills</p>

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Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	<p style="text-align: center;"><b>Baseline assessment-Fundamental skills.</b></p> <p style="text-align: center;">Lost and found planning (adapt to suit topic being taught if required).</p>	<p style="text-align: center;"><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class.</p>	<p style="text-align: center;"><b>Gymnastics</b></p> <p>Children to create a gymnastic sequence on floor, mats and apparatus by linking two gymnastic shapes through rolling, travelling or jumping.</p> <p style="text-align: center;">Making shapes</p>	<p style="text-align: center;"><b>Dance</b></p> <p>Create, perform and share short dances based on themes linked to class topic.</p> <p style="text-align: center;">Narrative unit 3 – Traditional and fairy tales. 3 little pigs/Toy story</p>	<p style="text-align: center;"><b>Games</b></p> <p>Children develop basic game-playing skills relevant to class and children's needs.</p> <p style="text-align: center;">Catching/overarm/rolling/underarm &amp; kicking.</p>	<p style="text-align: center;"><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing catching and apply these individually and in team games</p> <p style="text-align: center;">Sports day activities</p>
Lesson 2	<p style="text-align: center;"><b>Baseline assessment-Fundamental skills.</b></p> <p style="text-align: center;">Lost and found planning (adapt to suit topic being taught if required)</p>	<p style="text-align: center;"><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class.</p>	<p style="text-align: center;"><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class.</p>	<p style="text-align: center;"><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class.</p>	<p style="text-align: center;"><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class.</p>	<p style="text-align: center;"><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class.</p>

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Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	<p><b>Baseline assessment-Fundamental skills.</b></p> <p>Lost and found planning (adapt to suit topic being taught if required)</p>	<p><b>Invasion Games</b></p> <p>Improve and apply basic skills in games that demand simple choice and decisions on how to use space to avoid opponents, keep the ball and score points.</p> <p>Piggy in the middle</p>	<p><b>Gymnastics</b></p> <p>Children to create a gymnastic sequence on floor, mats and apparatus by linking a roll, a balance, a jump and travel.</p> <p>Families of action</p>	<p><b>Dance</b></p> <p>Working individually and in pairs, they compose a short dance to music that involves them travelling speeding up, slowing down and using different pathways.</p> <p>Different stories from same author</p>	<p><b>Games</b></p> <p>Develop simple tactics for attacking and defending and Improve and apply skills, strategies and tactics to outwit opponents.</p> <p>Net &amp; wall/Hit a ball</p>	<p><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing catching and apply these individually and in team games. Developing understanding of personal best performance.</p> <p>Sports day activities</p>
Lesson 2	<p><b>Baseline assessment-Fundamental skills.</b></p> <p>Lost and found planning (adapt to suit topic being taught if required)</p>	<p><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class</p>	<p><b>Fundamental movement skills for KS1</b></p> <p>Work on skills taken from baseline assessment targeted for your class</p>	<p><b>Invasion Games</b></p> <p>Improve and apply basic skills in games that demand simple choice and decisions on how to use space to avoid opponents, keep the ball and score points.</p> <p>Piggy in the middle</p>	<p><b>Games</b></p> <p>Develop simple tactics for attacking and defending and Improve and apply skills, strategies and tactics to outwit opponents.</p> <p>Net &amp; wall/Hit a ball</p>	<p><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing catching and apply these individually and in team games. Developing understanding of personal best performance.</p> <p>Sports day activities</p>

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### Curriculum Maps Key Stage 2

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Lesson 1</b>	<p style="text-align: center;"><b>Invasion games</b></p> <p>Continue to develop pupils throwing and catching skills and their skills in finding space to keep the ball. They learn to develop simple attacking skills in a 3V1 invasion game.</p> <p style="text-align: center;"><span style="background-color: yellow;">3 touch ball core task</span></p>	<p style="text-align: center;"><b>Dance</b></p> <p>Develop actions and phrases of movement, linking them to a theme using expression and choreography.</p> <p style="text-align: center;"><span style="background-color: yellow;">Narrative Unit 2 – Myths and Legends</span></p>	<p style="text-align: center;"><b>Gymnastics</b></p> <p>Children focus on improving the quality of their movement, eg by stretching fingers and pointing toes, to help them produce extension. They plan and perform sequences actions, and develop flow by linking actions smoothly.</p> <p style="text-align: center;"><span style="background-color: yellow;">Core task -Balancing act</span></p>	<p style="text-align: center;"><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication, designing and using maps.</p> <p style="text-align: center;"><span style="background-color: yellow;">Team working and problem solving</span></p>	<p style="text-align: center;"><b>Striking and fielding</b></p> <p>Children learn how to throw or strike the ball into spaces, so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters' scores down.</p> <p style="text-align: center;"><span style="background-color: yellow;">Core task- Run the loop rounders</span></p>	<p style="text-align: center;"><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing skills with improvements in flexibility strength, technique, control and balance.</p> <p style="text-align: center;"><span style="background-color: yellow;">Sports day activities</span></p>
<b>Lesson 2</b>	<p style="text-align: center;"><b>Net and Wall</b></p> <p>Children focus on developing the skills they need for net/wall games and on how to use these skills to make the game difficult for their opponent. They learn to direct the ball towards the target area and away from their opponent.</p> <p style="text-align: center;"><span style="background-color: yellow;">Core task 1</span></p>	<p style="text-align: center;"><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication. designing and using maps.</p> <p style="text-align: center;"><span style="background-color: yellow;">Trust and trails</span></p>	<p style="text-align: center;"><b>Invasion games</b></p> <p>Continue to develop pupils throwing and catching skills and their skills in finding space to keep the ball. They learn to develop simple attacking skills in a 3V1 invasion game.</p> <p style="text-align: center;"><span style="background-color: yellow;">3 touch ball core task</span></p>	<p style="text-align: center;"><b>Net and Wall</b></p> <p>Children focus on developing the skills they need for net/wall games and on how to use these skills to make the game difficult for their opponent. They learn to direct the ball towards the target area and away from their opponent.</p> <p style="text-align: center;"><span style="background-color: yellow;">Core task 1</span></p>	<p style="text-align: center;"><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing skills with improvements in flexibility strength, technique, control and balance.</p> <p style="text-align: center;"><span style="background-color: yellow;">Sports day activities</span></p>	<p style="text-align: center;"><b>Striking and fielding</b></p> <p>Children learn how to throw or strike the ball into spaces, so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters' scores down.</p> <p style="text-align: center;"><span style="background-color: yellow;">Run the loop cricket</span></p>

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Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	<p><b>Invasion games</b></p> <p>The aim of this unit is to develop a broader range of skills using a range of equipment. The children will learn simple attacking tactics with uneven sides i.e. 4V2.</p> <p><b>On the attack core task</b></p>	<p><b>Dance</b></p> <p>Develop actions and phrases of movement, linking them to a theme using expression and choreography.</p> <p><b>Narrative unit 2 – Stories set in Imaginary Worlds- Super heroes/Zombie nation.</b></p>	<p><b>Gymnastics</b></p> <p>Children to develop the skills with control and precision and combine these skills to create a sequence for a competition at Level 1. The unit then will support children working in pairs to plan and perform sequences.</p> <p><b>Sequence and partner work</b></p>	<p><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication. designing and using maps.</p> <p><b>(Team working and problem solving)</b></p>	<p><b>Striking and fielding</b></p> <p>In striking and fielding games, players achieve this by striking a ball and trying to deceive or avoid fielders, so that they can run between wickets or around bases to score runs. When fielding, they try to prevent runs or points being scored.</p> <p><b>Run the loop rounders</b></p>	<p><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing skills with improvements in flexibility strength, technique, control and balance.</p> <p><b>Sports day activities</b></p>
Lesson 2	<p><b>Net and Wall</b></p> <p>In net/wall games, players achieve this by sending a ball (or other implement) towards a court or target area which their opponent is defending. The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.</p> <p><b>Core task 2</b></p>	<p><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication. designing and using maps.</p> <p><b>Trust and trails</b></p>	<p><b>Invasion games</b></p> <p>The aim of this unit is to develop a broader range of skills using a range of equipment. The children will learn simple attacking tactics with uneven sides i.e. 4V2.</p> <p><b>On the attack core task</b></p>	<p><b>Net and Wall</b></p> <p>In net/wall games, players achieve this by sending a ball (or other implement) towards a court or target area which their opponent is defending. The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.</p> <p><b>Core task 2</b></p>	<p><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing skills with improvements in flexibility strength, technique, control and balance.</p> <p><b>Sports day activities</b></p>	<p><b>Striking and fielding</b></p> <p>In striking and fielding games, players achieve this by striking a ball and trying to deceive or avoid fielders, so that they can run between wickets or around bases to score runs. When fielding, they try to prevent runs or points being scored.</p> <p><b>Run the loop cricket</b></p>

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Year 5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	<p><b>Invasion games</b></p> <p>Children learn how to work well as a team when attacking, and explore a range of ways to defend through modified mini versions of invasion games., i.e. 5V3, 5V4.</p> <p><b>Hi Five/Hockey/Rugby</b></p>	<p><b>Dance</b></p> <p>Develop actions and phrases of movement, linking them to a theme using expression and choreography.</p> <p><b>Narrative unit 2 – Traditional stories, fables, myths, legends</b> Additional text based units – The Highwayman- Robin hood/The highwayman.</p>	<p><b>Gymnastics</b></p> <p>Children create longer sequences to perform for an audience. They learn a wider range of actions and explore more difficult ways to perform.</p> <p><b>Acrobatic gymnastics core task.</b></p>	<p><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication. designing and using maps.</p> <p><b>Orienteering linked to school games</b></p>	<p><b>Striking and fielding</b></p> <p>In these Y5/6 core tasks children develop the range and quality of their skills and understanding. They learn how to play the different roles of bowler, wicket-keeper, backstop, fielder and batter.</p> <p><b>Rounders/cricket</b></p>	<p><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing skills with improvements in flexibility strength, technique, control and balance.</p> <p><b>Sports day activities</b></p>
Lesson 2	<p><b>Net and Wall</b></p> <p>Children to develop the range and quality of their skills when playing games using rackets. They also learn specific tactics and skills for games such as short tennis.</p> <p><b>Core task 1</b></p>	<p><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication. designing and using maps.</p> <p><b>Team working and problem solving yr3/4</b></p>	<p><b>Invasion games</b></p> <p>Children learn how to work well as a team when attacking, and explore a range of ways to defend through modified mini versions of invasion games., i.e. 5V3, 5V4.</p> <p><b>Hi Five/Hockey/Rugby</b></p>	<p><b>Swimming</b></p> <p>Children will be taught to swim competently, confidently and proficiently over a distance of at least 25metres.</p>	<p><b>Swimming</b></p> <p>Children will be taught to swim competently, confidently and proficiently over a distance of at least 25metres.</p>	<p><b>Swimming</b></p> <p>Children will be taught to swim competently, confidently and proficiently over a distance of at least 25metres.</p>

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Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	<p><b>Invasion games</b></p> <p>Children start to play even-sided mini-versions of invasion games. In invasion games, they enter their opponent's territory with the 'ball' and try to get into good positions for shooting or reaching the 'goal' 4v4, 5v5.</p> <p>Hi Five/Hockey/Rugby</p>	<p><b>Dance</b></p> <p>Develop actions and phrases of movement, linking them to a theme using expression and choreography.</p> <p>Additional text based units – The Highwayman</p>	<p><b>Gymnastics</b></p> <p>Children use their knowledge of compositional principles, eg how to use variations in speed, level and direction, how to combine and link actions, how to relate to partners and apparatus, to develop sequences that show an awareness of their audience.</p> <p>Group dynamics core task</p>	<p><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication. designing and using maps.</p> <p>Orienteering linked to school games</p>	<p><b>Striking and fielding</b></p> <p>Play modified competitive games thinking about how to use skill, strategies and tactics applying basic principles of attacking and defending.</p> <p>Rounders/Cricket</p>	<p><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing skills with improvements in flexibility strength, technique, control and balance.</p> <p>Sports day activities</p>
Lesson 2	<p><b>Net and Wall</b></p> <p>In net/wall games, players achieve this by sending a ball (or other implement) towards a court or target area which their opponent is defending. The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.</p> <p>Core task 2</p>	<p><b>OAA</b></p> <p>Individual and team activities focussing on problem solving, team work and communication. designing and using maps.</p> <p>Team working and problem solving yr3/4</p>	<p><b>Invasion games</b></p> <p>Children start to play even-sided mini-versions of invasion games. In invasion games, they enter their opponent's territory with the 'ball' and try to get into good positions for shooting or reaching the 'goal' 4v4, 5v5.</p> <p>Hi Five/Hockey/Rugby</p>	<p><b>Net and Wall</b></p> <p>In net/wall games, players achieve this by sending a ball (or other implement) towards a court or target area which their opponent is defending. The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.</p> <p>Core task 2</p>	<p><b>Athletics</b></p> <p>Developing Athletics skills: Running, Jumping, throwing skills with improvements in flexibility strength, technique, control and balance.</p> <p>Sports day activities</p>	<p><b>Striking and fielding</b></p> <p>Play modified competitive games thinking about how to use skill, strategies and tactics applying basic principles of attacking and defending.</p> <p>Rounders/ Cricket</p>

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